

The freight trains listed below are booked to be worked by FL 90s. Note during engineering work and service alteration periods, the routing of these services and headcodes can often be amended. The headcodes shown below shall apply until further notice.

Fewer freights are booked class 90s at present due to the hiring of loco's to GBRF for sleeper duties and this operation will remain in place until further notice. The following trains are booked to be pairs of Freightliner 90s now subject to availability:

Northbound Headcodes:

Headcode	Origin	Destination	Departure time	Day Operates
4S44	Daventry	Coatbridge	12:13	Mon-Fri
4S44	Daventry	Coatbridge	11:52	Saturday Only
4S44	Daventry	Coatbridge	14:27	Sunday Only
4S45	Daventry	Coatbridge	18:39	Mon-Fri
4S45	Daventry	Coatbridge	Varies	Sunday's Only

Other trains which can sometimes a feature class 90 vice-86s, 66s or 70s are as follows:

- 4M53 (21:45 Ipswich to Trafford Park)
- 4H54 (21:23 Basford Hall to Trafford Park)
- 4M45 (03:59 Ipswich to Basford Hall)
- 4F80 (05:15 Basford Hall to Garston) SO
- 4S56 (20:50 Basford Hall to Coatbridge)
- 4S83 (18:52 Tilbury to Coatbridge)
- 4S88 (18:15 Ipswich to Coatbridge)
- 4M87 (10:45 Ipswich to Basford Hall) SO
- 4M87 (12:46 Ipswich to Trafford Park) Mon-Fri
- 4H31 (02:35 Basford Hall to Trafford Park) Tue-Fri
- 4H31 (02:38 Basford Hall to Trafford Park) SO
- 4H58 (17:31 Basford Hall to Trafford Park)
- 4M42 (23:09 Ipswich to Garston)
- 0F92 (12:32 Basford Hall to Garston)
- 4F45 (08:19 Basford Hall to Garston)Tue-Fri

The core freight trains listed in the table below are booked pairs of Freightliner 90s now subject to availability. Note during engineering work and service alteration periods, the routing of these services and headcodes can often be amended. The headcodes shown below shall apply until further notice.

Southbound Headcodes:

Headcode	Origin	Destination	Departure time	Day Operates
4M49	Coatbridge	Daventry	04:28	Mon-Fri
4M49	Coatbridge	Daventry	04:31	Saturday Only
4M49	Coatbridge	Daventry	Varies*	Sunday's Only
4M27	Coatbridge	Daventry	05:25	Mon-Fri
4M27	Coatbridge	Daventry	05:25	Saturday's Only

Other trains which can sometimes feature a 90 vice-86s, 66s or 70s are as follows:

- 4M11 (18:23 Coatbridge to Basford Hall)
- 4L82 (00:21 Basford Hall to Ipswich) SO
- 4L82 (23:22 Basford Hall to Ipswich) Tue-Fri
- 4L80 (21:55 Garston to Tilbury)
- 4L89 (07:18 Basford Hall to Felixstowe) MO
- 4L89 (22:00 Coatbridge to Ipswich) Tue-Saturday
- 4L90 (12:30 Basford Hall to Felixstowe) Tues-Fri
- 4L90 (11:18 Trafford Park to Felixstowe) MO
- 4L93 (08:21 Basford Hall to Ipswich) Saturday Only
- 4L96 (12:32 Basford Hall to Ipswich) Saturday Only as required
- 4L81 (19:21 Coatbridge to London Gateway)
- 4L92 (14:33 Ditton to Ipswich)
- 4K64 (09:12 Garston to Basford Hall) Saturday Only
- 4K18 (06:24 Trafford Park to Basford Hall) Tues-Fri
- 0K58 (19:08 Trafford Park to Basford Hall)
- 4L41 (01:55 Basford Hall to Ipswich) MO
- 4L41 (02:45 Trafford Park to Ipswich) Tue-Fri
- 4L96 (16:18 Trafford Park to Ipswich) Mon-Fri
- 4L97 (08:10 Basford Hall to Ipswich) Mon-Fri
- 4L97 (04:59 Trafford Park to Ipswich) SO

The information supplied above should be taken as a guide and there is no guarantee that traction types will run on their dedicated trains due to fleet availability and changes in demand by customers.

Please also note that the core diagrams are those operating to and from Coatbridge as pairs of 90s. If there are any spare loco's, then these are likely to work local trips in the Northwest to and from Garston or do 4L90, 4M53 and 4K18. The rest of the fleet will be either on hire to GBRF or undergoing maintenance (currently two 90s are usually on hire for sleeper duties).